



CAN YOU MOVE FOR 622 MINUTES IN JUNE?

# K. 622 CHALLENGE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	6.22! 	23	24	25	26 
27	28	29	30			

